

Yellow Belt: Yellow signifies the first beams of sunlight shining upon the seed giving it new strength and the beginnings of new life.
A yellow belt student is given their first ray of knowledge by their instructor, opening their mind.

Yellow Belt Form - Dan-Gun (21 Moves)

| Move Number | Direction / Turn | Stance | Foot Technique | Hand Technique |
|-------------------------|------------------|--------------------|----------------|------------------------|
| Ready Stance "A" | | | | |
| 1 | Left 90° | Left Back Stance | | Double Knifehand Block |
| 2 | Step Forward | Right Front Stance | | Right High Punch |
| 3 | Right 180° | Right Back Stance | | Double Knifehand Block |
| 4 | Step Forward | Left Front Stance | | Left High Punch |
| 5 | Left 90° | Left Front Stance | | Left Low Block |
| 6 | Step Forward | Right Front Stance | | Right High Punch |
| 7 | Step Forward | Left Front Stance | | Left High Punch |
| 8 | Step Forward | Right Front Stance | | Right High Punch |
| 9 | Left 270° | Left Back Stance | | Square Block |
| 10 | Step Forward | Right Front Stance | | Right High Punch |
| 11 | Right 180° | Right Back Stance | | Square Block |
| 12 | Step Forward | Left Front Stance | | Left High Punch |
| 13 | Left 90° | Left Front Stance | | Left Low Block |
| 14 | In Place | | | Left High Block |
| 15 | Step Forward | Right Front Stance | | Right High Block |
| 16 | Step Forward | Left Front Stance | | Left High Block |
| 17 | Step Forward | Right Front Stance | | Right High Block |

| | | | | |
|----|--------------|--------------------|--|------------------------|
| 18 | Left 270° | Left Back Stance | | Left Knifehand Strike |
| 19 | Step Forward | Right Front Stance | | Right High Punch |
| 20 | Right 180° | Right Back Stance | | Right Knifehand Strike |
| 21 | Step Forward | Left Front Stance | | Left High Punch |